

# ***THE GOLDEN REGISTER***

***Sept. & Oct., 2008***

***VOL. 26 NO. 4***

## ***RED BANK SENIOR CENTER***

***80 Shrewsbury Avenue  
Red Bank, NJ 07701-1130***

***Open Monday through Friday  
8:30 A.M. TO 4 P.M.***

### **SEPTEMBER & OCTOBER 2008 NEWS!**

#### **“Recreation Coordinator’s Message”**

**Hello seniors!** Are you ready for Fall?

Well I hope you are because we have a lot of great events and fun activities coming up in September and October. Such as our End of The Summer Cookout, Photo Contest and County Picnic in September. In October we have our Annual Yard Sale and Halloween Party and much more.

I also would like all of our readers to know that Freda made it safe and sound down to North Carolina. I will leave her address below for those that would like to write to her:

***Freda Terry  
2512-104 Avent Ferry Road  
Raleigh, North Carolina 27606***

#### **\*New! PHOTO CONTEST IN SEPTEMBER:**

Attention all regular seniors who attend on a daily basis, we will be having our annual “Can you Guess Who I Am Photo Contest”. So please bring in a baby or school picture to be displayed in our Community room during the month of September. For those seniors that have participated in the past please bring in a different picture. The winners will receive gift certificates to Foodtown. Deadline for photography’s are September 26<sup>th</sup>, 2008. And winners will be announced at our Halloween Party.

#### **\*New! END OF THE SUMMER COOKOUT:**

In celebration of another wonderful summer we will be having our Annual End of the Summer Cook-out on **Friday, September 12<sup>th</sup>, 2008** from **11-1 pm**. Please sign up and come out and enjoy music, food and lots of fun and dancing! Lets end the summer right! Join us! Deadline to sign up is September 5<sup>th</sup>. All are welcomed to attend.

### **SENIOR CENTER HOURS OF OPERATION:**

Our center is open Monday through Friday at **9:00am to 4:00pm**. My staff & I ask that you call the office during normal business hours for all information. **Thank you!**

### **OUR CENTER WILL BE CLOSED:**

Please mark your calendars the Center will be closed on Monday, **September 1<sup>st</sup>, 2008** in observance of **Labor Day**.

### **\*New! MONMOUTH COUNTY PICNIC:**

Please join us and attend the annual Office on Aging County Picnic at Freehold Park. This annual event will be held on **Wednesday, September 16<sup>th</sup>, 2008** at **12:00 noon to 3:00 pm**. Rain date will be September 17<sup>th</sup>, 2008. Cost is **\$3.75** per person. Deadline to sign-up is September 4<sup>th</sup>. Checks should be made payable to “Interfaith Neighbors”.

### **\*New! ANNUAL YARD SALE IS HERE:**

**On Saturday, October 18<sup>th</sup>, at 9am to 1pm** we will sponsor our annual Yard Sale. We will accept donations the week of the sale only! We ask that all donations are clean and in good shape and in working condition for others to use! We will accept clothing, small appliances, small tables, furniture, lamps, sheets, blankets, comforters, pants, jeans, jackets & coats! **Please NO used undergarments!** **Set-up will be on Friday, Oct. 17<sup>th</sup> and the center will be closed! Sign-up to volunteer!**

### **\*New! HALLOWEEN COSTUME PARTY!:**

Please join us on **Wednesday, October 29<sup>th</sup>, 2008** at 11 am for our Annual Halloween Party! Come in your Halloween Costume! There will be music, dancing, fun and prizes for the best costume! Please sign up! **Cost is \$2.50**

**REGISTRATION POLICY 2008:** Any senior who is *not* a resident of Red Bank and has a Senior Center in the town where you reside, you must attend your own township-sponsored center. Those who have prior registration before **1/2003** are exempt from this new rule. To ride on the Center's Bus you must be a registered member. \*Seniors who want to join a Club that meets at our center are exempt from this rule and can join the club only. \*Registration is "free" and simple to any senior who lives in Red Bank and is **60-years or over. ALL senior members must be physically and mentally independent and able to care for themselves.** Red Bank is our primary service area, but we do welcome limit services to seniors in **Fair Haven, Little Silver, Shrewsbury and Tinton Falls** because they do not have a center in their township, But Red Bank members always receive first preference for all trip & activities.

**CENTER SERVICES AND ACTIVITIES:** The Center provides many services for seniors. We have educational classes, daily door-to-door transportation, weekly grocery shopping trips, medical transportation and a daily noontime meal. We also have monthly health programs and seminars. We offer daily socialization and recreational activities. Our Director and Staff are also here to assist you with benefit applications. Local senior clubs meet at our center such as the Red Bank Senior Women's Club, St. James Senior Club, and our Senior Book Club. We also have Bridge and card games, Line Dancing and Computer classes and more! Our Center is open **9:00am to 4:00pm Monday thru Friday.**

**CENTER STAFF 2008:** TBA, Director  
Wilhelmina Vaughn, Administrative Assistant  
Jackie Reynolds, Recreation Coordinator  
Lester Colquiette, Bus Driver  
Liz Abrams, Nutrition Coordinator

**TRANSPORTATION INFORMATION:**  
Red Bank residents who are Center Members have Door-To-Door Pick-Up & Drop-Off Service.

**NON - RESIDENT TRANSPORTATION:** Please call *J&D Cab Service* at: **1-800-325-9754** two days

in advance. All Doctor appointments must be between **10:00 AM and 1:00 PM**, on Monday, Wednesday, and Fridays. You can also use this service on **Saturdays, 8-4pm. Cost is \$2.00** each way. If you need help to make an appointment, please call our Center and ask for Jackie Reynolds. .

**MONMOUTH COUNTY SCAT:** Senior Citizens transportation program provides **wheelchair rides** and to **medical appointments, dialysis treatments, food shopping, employment, and to Nutrition Sites** and to Senior Centers. For a ride call Monmouth County SCAT Office at: **(732)-431-6480 ext.#1 between hours of 9-3pm.** For **Complaints** on service call: **(732)-431-6485. (#6).**

**MEDICAL TRANSPORTATION SCHEDULE:**  
Jackie Reynolds is our Medical Transportation provider and will transport **seniors who are registered members of the Red Bank Senior Center on TUESDAY & THURSDAY ONLY!** Starting at **9:30am** with the last appointment time no later than **1:00pm.** Please call the **Center 2 days** in advance for this service to Local Doctor offices. **This service is for Red Bank Center Members.**

**YELLOW CAB SERVICE:** 732-671-4600

**RED BANK TAXI SERVICE:** 732-747-0747

**IMPORTANT SHOPPING NEWS:** All reservations for any shopping trip must be made the day **before by 12:00 noon.** No reservations will be accepted on the morning of any trip. All shoppers receive **(1-1/2 hours)** to shop once you arrive.

**GROCERY SHOPPING INFORMATION:**  
Our bus driver is not allowed in your home. **All Shoppers are allowed (6) bags for each shopping trip.** Please ask for help if you need to. **Regular Shopping Schedule: pick-ups start at 10:30am. Afternoon Pick-ups start at 1:15pm.**

Mondays: Foodtown/Red Bank  
Thursdays: Special afternoon trips.  
Friday: Foodtown/Red Bank

**\*You must be a registered member to ride on our bus and you must call 48-hours in advance to sign-up for all shopping trips.** Any questions please contact Jackie Reynolds. **6- Bags Shoppers!**

**\*SORRY NO TIPPING ALLOWED!**

**INSURANCE COUNSELING:** We now have our own S.H.I.P. Counselor at the Center. SHIP stands for the State Health Insurance Program, which provides New Jersey Medicare beneficiaries “free” assistance in sorting out confusing insurance choices and hospital bills. **John Molta**, our volunteer counselor and will be here the 4<sup>th</sup> Tuesday of each month by appointment only. **Next appointment dates are Tuesday, Sept. 23<sup>rd</sup>, and Oct. 28<sup>th</sup>, call for appointment, 1pm to 4pm.**

**FACE WAXING SERVICE:** Our Beautician, **Shani Brewer**, will provide facial waxing services for our seniors who want hair removed from any area on your face. She can also Shape your eyebrows too! Shani will be here **Monday, Sept. 8<sup>th</sup> and Oct. 6<sup>th</sup>.** Appointments **Start at 10am to 12noon.** Costs start at \$5.00 to \$15.00 for eyebrows, chin or facial hair removals! **Sign-up!**

**FREE BLOOD PRESSURE CHECKS:** Our Nurse from the Visiting Nursing Association will be here on **Wednesday, Sept 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>.** **Oct. dates are 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>.** Appointments begin at **9am and end at 12:00.** Get your blood pressure checked and also talk to our nurse about any other health concerns that you may have. **Our VNA nurse is the lovely Jean Glynn.**

**PROFESSIONAL PHARMACY:** on **134 Broad Street, Red Bank** also gives “**FREE**” blood pressure checks on **Tuesday & Thursday Evenings** starting at **3pm to 6pm.** Call: (732)-741-5288.

**WHY SENIORS NEED A WILL:** A “**Will**” can take care of your financial & legal matters. A “**Living Will**” can take care of your desires to have life support in the hospital. A **Power of Attorney** is the person you appoint to handle your legal property. **Help is available call,** Doug Waugh, Senior Attorney at Legal Services: (732)-222-3338.

**SOLUTIONS FOR SENIORS:** Do you need help with housing, Adult Daycare, Home Care, Legal Advice, Assisted Living Facilities, Estate Planning, Hospice care, Retirement Planning, Memorial Services or Medical Equipment, Please

call Solutions for Seniors for the help that you need at: (732)-449-5400. **Need help call today.**

**BINGO DATES FOR SEPTEMBER & OCTOBER:** Please join us for Bingo Games on **Wednesdays;** we will play Ten Bingo games. **Cost for each game is .50 cents per game per board.** You must pay before you play. **\$5.00** for 1-board, **\$10.00** for 2-boards of ten games. Please pay Jackie before you take your boards! **Dates are: September 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, October dates: 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>.**

**POKENO GAMES FOR SEPTEMBER & OCTOBER:** Please join us on the following **Thursdays, September. 4<sup>th</sup>, 8<sup>th</sup>. October. 2<sup>nd</sup>, 16<sup>th</sup>, 30<sup>th</sup>.** Join us for a fun afternoon of pokeno games! **Cost is .30 cents per board. Please bring your nickels and dimes!** Cost to play all (10) games with one board is **\$3.00.** Please come out to have a fun time. It’s a great way to spend the afternoon. **New players welcomed, join us games start at 1:00pm!**

**COMPUTER CLASS INFORMATION:** Classes are held on **Thursday mornings 9:00 to 11:00am.** These classes are open to senior students who know how to use a computer, but have questions and need more help with E-Mail and getting on the Internet! **You must be a registered center member** before you can join this class. **Tuesday class is canceled until further notice.**

**Note: We have renamed our Computer Room in honor of Dave’s memory! Look for the new sign.**

**HAIR CUTS FOR MEN & WOMEN:** This service will be available on the **First Wednesdays of each month.** Starting at **10:00am ending at 12:00.** You can receive a professional dry haircut by **Lee Williams**, a local barber. **Dates are: Sept. 3<sup>rd</sup>, and October 1<sup>st</sup>, 2008.** Cost is **\$8.00 per person.** **This service is just for seniors citizens look good for 2008!**

**PENNIES FROM HEAVEN JAR 2008:** **We are pleased to announce our new charities for 2008–2009.** Our seniors have chosen **2 (two)** different charities this year! The **first** will be **St. Jude’s Children’s Hospital** and the **second** will be **New Jersey Commission for the Blind and Visually Impaired.** We ask all of our center

members and friends please help us help others by *donating your pennies to heaven to our jar!*

**BEADING CRAFT CLASS:** Would you like to learn how to make your own necklace, bracelet or earrings? Well do we have a new class for you to enjoy! Cathy Olski, our craft teacher will assist you in making your own personal jewelry. Please review our calendar for dates and times for this new class and join us. This class is limited to the first **six (6)-seniors** who sign-up to attend. The cost for the bead sets varies from **\$2 to \$5** for each item. Join us for this new fun experience. *Sign-up!*

**CENTER CLUB MEETING DATES AND MEMBER REMINDER FOR 2008.** To all Club Members, **PLEASE** do not enter community room **before 15-minutes prior** to your meeting start time. We need time to clean up THE ROOM after our lunch hour! Thank you for your cooperation!

**ST. JAMES SENIOR CLUB (1<sup>st</sup> & 3<sup>rd</sup> Wed.)**  
September 3<sup>rd</sup> & 17<sup>th</sup>. October 1<sup>st</sup> and 15<sup>th</sup> at 2pm.

**RB. SENIOR WOMEN (2nd & 4<sup>th</sup> Thursday)**  
September 11<sup>th</sup> & 25<sup>th</sup>. October 9<sup>th</sup> & 23<sup>rd</sup> at 1:30  
*Sept. 8<sup>th</sup>, trip to Philadelphia Casino & Racetrack.*

**R.B.S.C. Advisory Committee (2nd Friday)**  
September 13<sup>th</sup> & October 10<sup>th</sup> at 2pm.

**LITERARY BOOK CLUB (4th Monday)**  
September 29<sup>th</sup> & October 27<sup>th</sup> at 1:00pm.

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**STORM ALERTS:** Before the next storm hits us, please contact your local Police Department and your Utility providers. Let them know if you are **wheelchair bound, on oxygen, or in poor health, confined to a bed, have poor vision, or other special needs during a power outage.** These service providers have special list and will be able to assist you first during a power outage. **You should also have Flashlights in every room!**

**PLEASE DON'T CALL ME ANYMORE:**  
Do you want to Stop annoying telemarketers or sales calls in **2008**, Please sign-up for the **"Do Not Call List"** by calling **1-888-382-1222.** *Cell phones* are also included but you must call from the phone you want to register. **Help yourself today and stop**

**those unwanted phone calls! Any never give out personal information to anyone over the phone!**

**NEW 2008 INCOME GUIDELINES FOR P.A.A.D. PHARMACY DRUG PROGRAM:**

If you are 65-yrs. or older, a New Jersey Resident, receiving Social Security or Disability Benefits, you could be eligible for P.A.A.D. or Senior Gold. **Effective January 1, 2008,** Income levels for P.A.A.D. are **\$23,092** for a single person and **\$28,313** for a married couple. **Income Levels for Senior Gold 2008: \$23,092 to \$33,092** (single) and **\$28,313 to \$38,313** for a (married couple). To apply for programs you need the following current copies: Proof of age, Proof of all income, Copy of Income Tax, and Proof of residence, Medicare & Social Security Card. After you are approved please call **PAAD at: 1-800-792-9745** and request an application for the *Verizon telephone discount.*

**New! HEALTH TALK & PRESENTATION**

**PLANNED:** Registered Pharmacist, Michael Yura of Professional Pharmacy of Red Bank, will be here on **September 3<sup>rd</sup>** to discuss with our seniors **"Blood Pressure"**. On **September 10<sup>th</sup>** we will be having a presentation from Valley National Bank to discuss **"Why You Should Have Your Social Security Check Direct Deposited"**. And our final presentation will be on **October 1<sup>st</sup>** with Ted Freeman from the Monmouth County Sheriff's Office on **"Fraud 101"**. Join us for these informative health and presentation talks. All talks start at **11:00AM on Wednesdays.** Time for questions and answers will be allowed! *Join us!*

**FREE SMOKE DETECTORS FROM THE FIRE DEPARTMENT:**

The Red Bank Fire Department and the RB Building Department are working together to provide "free" smoke detectors for any Red Bank Resident who needs one. Installation is also available for those who need help. Please call the Building Department at **(732)-530-2777ext. #362** for assistance! **Call Today!**

**New! COLUMBUS DAY PIZZA PARTY:**

Our center will be open on Monday, **October 13<sup>th</sup>, 2008** and we will celebrate this holiday with a Pizza Party at **12:00 noon.** **Cost is \$3.00 per person** and we will dine on soup, salad, pizza and soda!

**Deadline to sign-up is Friday, October 10<sup>th</sup>. Regulars Only!**

**\*PLEASE WELCOME OUR NEW MEMBERS:**

Please welcome our New Members Anthony Scopetani, Bessie H. Williams, Frances Cohn and Ruth Carter! *We welcome you to our center family and we are so glad you are here!*

**SEPTEMBER BIRTHDAY BLESSINGS:**

Lois Whitton, Angela LaMontagne, Anita Clax, Agnes Turtur, James R. Greene, George Imbembo, Eunice Medler, Eileen Munning, Louise Davies, James Vaccarelli, Wilhelmina VanHooff, Gloria Williams, Josephine Newkirchen, Beverly Chainani, Carmen Rice, Ann Bierherr, Mildred DiFedele, Peter Ortiz, Donald Buck, Mary Cross, Lillian Vann, Daniel Drogan, Rose Rinaldi, Wilma DeFazio, Michael McCrink, Liz Abrams, John Worchte, Mary Butler, Margaret Yaud, Dudley Williams, Alston Morris, Jack Brancato, Patrica Stanley, Peggy Lyford, Jane Manning, Mildred Poole, Raymond Santollo, Iona Kerr, Barbara Walton, Ella Fisher, Bill Geier, Joyce Douglas, Dorothy Davis and Barbara Leslie. *May you be blessed from the heavens above.*

**OCTOBER BIRTHDAY BLESSINGS:**

Miriam Bahreburg, Marie Cooper, Anello Peluso, Doris Jones, Sophia Tekien, Theresa Stravic, Sonja Bell, Claudia Blizzard, Gophen Patel, Doris Smith, Young Jhong, Charlie Donnelly, Mary Auletta, Lucy Greco, Helen Clay, Catherine, Galassi, Hattie Stromen, Freda Terry, Viola Littles, Mary Bowen, Cathryn Roundtree, Ruth Anderson, Leola Williams, Mignon Crotchfelt, Midge Jetter, Mary Ewaniuk, Alice Golden, Julia Brancato, Ann Burns, Ruth Johnson, Ann Bacon and Frank Diciaulo.

**Have a blessed birthday seniors!**

**\*ATTENTION CENTER MEMBERS:**

Please call the center when *you are not coming in* or if you are at *home sick or in the hospital!* We really care about you and want to know where you are when you are not here! It is quite difficult for my staff and I to keep up with everyone's schedule and we need your help

**NOTE TO SENIORS:** For your name to appear in our birthday column, you must be an *active member*

a with an up-to-date registration card for 2008. *Confirm your status today!*

**RED BANK SENIOR WOMEN'S CLUB**

**UPCOMING TRIPS DATES:** On **Monday, September 8<sup>th</sup>, 2008** a trip to Philadelphia Casino and Racetrack is planned. Cost is \$45, which includes \$20 E-Play and \$5 towards food. Please Pick-up Flyers for all Trips at the center!

**Please Direct all Trip Questions to:**

Club President, Amber Rossi at: (732)-728-9341 or Treasurer, Lucille Allgood at: (732)-493-1926.

**No Cash Payments** will be accepted at the Senior Center you may leave a money order or check only.

**POOL GAMES FOR SENIORS:** Do you enjoy playing pool or would like to learn? We have a wonderful pool table waiting for you to come in to play! Our game room is open daily 9-3pm. **On Monday's the room is closed at 12noon for Duplicate Bridge Games, Join us today!**

**\*NEW: FOODTOWN OF SHREWSBURY HAS**

**CLOSED:** Due to the fact the Foodtown in Shrewsbury closed their doors for business we will once again be going back to our old schedule of Red Bank Foodtown twice a week. The days for the trips are Monday and Friday. Pick-ups start at 10:15.

**\*SPECIAL THURSDAY SHOPPING TRIPS**

**FOR September & October, 2008: PICK-UPS START AT 1:15PM, please call to sign-up!**

**K-MART/LONGBRANCH:** Thursday, Sept. 11<sup>th</sup>.

All pick-ups start at 1:15pm.

**\$1 STORE/NEPTUNE:**

Thursday, September 18<sup>th</sup>, 2008

**WALMART:** Thursday, October 9<sup>th</sup>, 2008

**KHOL'S/MIDDLETOWN:** Thursday, October 16<sup>th</sup>, 2008

**\$1 STORE/TINTON FALLS:**

Thursday, October 23<sup>rd</sup>, 2008

**RED BANK FOODTOWN/BROAD ST:**

On Monday and Friday's we will be shopping at The Red Bank Foodtown on Broad St. pick-ups start at **10:15am**.

**September Activities and Program Highlights:**

**Center is Closed** for the Labor Day  
On **Monday, September 1<sup>st</sup>, 2008!** Enjoy the day....

**Wednesday, September 3<sup>rd</sup>, at 11:00am**, please  
Join us for a Health Talk on Blood Pressure.

**Face Waxing** is held on **Monday, September 8<sup>th</sup>**,  
and  
**Hair Cuts** are available, **Wednesday, September 3<sup>rd</sup>**, look good the month, get that grooming done!

**Wednesday, September 10<sup>th</sup>, at 11:00am**, please  
Join us for a Presentation on "Why you should have your Social Security Check Direct Deposited".

**Red Bank Women's Club** will sponsor a trip to Philadelphia Racetrack and Casino on **Monday, September 8<sup>th</sup>**. Bus leaves from **Count Basie Park at 9:30! Be on time!**

**On Friday, September 12<sup>th</sup>**, End of Summer Cook-out. **Cookout starts at 11 – 1.** Sign-up!

**Beading Class, Wednesday, September 10<sup>th</sup>, and 24<sup>th</sup>**, please sign-up to be a part of this class. **Limited to the first (6) Students.**

**Movie Day, Friday, September 26<sup>th</sup>, at 1:00pm**, we will see "**College Road Trip**" starring Martin Lawrence and Ravon Symone. Join us! Popcorn and soda is on us!

**AARP Insurance Help on Tuesday, September 29<sup>th</sup>, 2008** appointment are available at **1pm, 2pm and 3pm**. Need help with your insurance call for an appointment today!

**Join us in the month of September for all planned Activities! Please call to confirm all activities, changes may occur do to unfortunate circumstances.**

**October Activities and Program Highlights:**

**Wednesday, October 1<sup>st</sup>, at 10-12noon**, Hair Cuts are available to seniors cost is **\$8.** per person.

**Monday, October 6<sup>th</sup>, at 10-12noon**, Face Waxing is available for senior's cost is **\$5. to \$15.** According to how much you want waxed!

**Wednesday, October 15<sup>th</sup>, at 10-12noon**, New Beading Class, **Sign-up, class limited to 6-seniors.**

**Saturday, October 18<sup>th</sup>**, **ANNUAL YARD SALE** from **9-1pm**. Donations can be dropped off the **13<sup>th</sup> – 16<sup>th</sup>** in the afternoon.

**October Movie: On Friday, October 24<sup>th</sup>**, at **1:00pm** we will see "**Made of Honor**", starring, Patrick Dempsey. This movie is about a man who has a best friend that is a female and when she tells him she is getting married and wants him to be her Made of Honor.

**Halloween Party, Wednesday, October 29<sup>th</sup>**, **from 11-1 pm** please come and dress up, you may win a prize for your costume.

**New! SENIOR CENTER LOOKING FOR NEW ADVISORY MEMBERS:** The Center's Advisory Committee is looking for new seniors to join our committee to work with the Director towards the betterment of the center. **Meetings are held once a month on the second Fridays from 2-3pm.** The committee advises and assists the Center with planned activities. **Interested? Call the Director at: (732)-747-5204** for more information.

*"Just for Laughs"*