

PROCLAMATION

BOROUGH OF RED BANK

NATIONAL SUICIDE PREVENTION AWARENESS MONTH 2022

WHEREAS, September is known throughout the United States as National Suicide Prevention Awareness Month and is intended as time to raise awareness of this stigmatized, and often taboo topic and to help promote Suicide Prevention resources available to us and our community; and

WHEREAS, suicide is often the result of an untreated mental health condition and suicidal thoughts, although common, should not be considered normal and often indicate a more serious issue and the goal is to learn how to help those around us and how to talk about suicide without increasing the risk of harm; and

WHEREAS, suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background, according to the United States Center for Disease Control, each year more than 41,000 people die by suicide being the 10th leading cause of death among adults in the US, and the 2nd leading cause of death among people aged 10-24; and

WHEREAS, suicide appears to trigger several other suicides within a group such as a school or community and confronting the issue around suicide prevention and awareness gives students, teachers, parents, and community members hope during the difficult times suicide has epidemically caused; and

WHEREAS, organizations like the Tyler Clementi Foundation, Suicide Prevention Services (SPS) and the National Alliance on Mental Illness (NAMI) encourages people to bring voices together to advocate for harassment free environments, better mental health care, and the elimination of overt and implicit biases and any type of “ism” rooted in prejudice; and

WHEREAS, Red Bank appreciates the rich tapestry of ethnic, cultural, racial, sex and gender identities of the residents and values the contribution that each and every resident makes to work, improve recreation and civic life; and

WHEREAS, the Borough encourages all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors and to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

NOW, THEREFORE, I, Pasquale Menna, Mayor of the Borough of Red Bank, County of Monmouth, State of New Jersey, on behalf of myself and the Borough Council, is committed to ensure that our citizens are safe, valued and supported, do hereby proclaim, September 2022 as National Suicide Prevention Awareness Month in the Borough of Red Bank.



PASQUALE MENNA, MAYOR