PROCLAMATION

BOROUGH OF RED BANK

WEAR RED DAY & FEBRUARY IS HEART MONTH

WHEREAS, as part of the American Heart Association's initiative to raise awareness of cardiovascular disease the first Friday in February has been recognized as "Wear Red Day" and the month of February as "Heart Month;" and

WHEREAS, the American Heart Association has a mission to build healthier lives, free of cardiovascular disease and stroke; and

WHEREAS, an estimated 43 million women in the U.S. are affected by heart disease with it causing one in three women's deaths each year; more women die each year of heart disease than of any form of cancer; Hispanic women are likely to develop heart disease 10 years earlier than Caucasian women and it is the leading cause of death for African American women; and

WHEREAS, in 2003, "Go Red for Women" was launched to inform and empower women to take charge of their heart health; the funds raised through this campaign go toward education programs to increase women's understanding about their risk for heart disease and support research to discover scientific knowledge about heart health; and

WHEREAS, all citizens are encouraged to help bring attention to heart health by wearing red on National Wear Red Day, held on Friday, February 3rd. This month and always, we honor the memories of those we have lost to heart disease, and we celebrate the courage of the countless loved ones who are living strong, full lives despite having heart conditions.

NOW, THEREFORE, BE IT RESOLVED that I, William Portman, Mayor of the Borough of Red Bank, on behalf of the Red Bank Borough Council, do hereby proclaim February 3, 2023 as "Wear Red Day" and the month of February as "Heart Month" in the Borough of Red Bank, Monmouth County, New Jersey.

IN WITNESS WHEREOF, I have hereunto set my hand this 1st[h] day of February, 2023.

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William Portman, Mayor.