

AUGUST

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 SHOPRITE 9:30-11 MAHJONG 10-12 CHAIR YOGA 10:30	2
3 	4 SHORE TOUR FROM 9AM -12:30 STARTING IN HIGHLANDS ENDING IN SPRING LAKE	5 MEDICALS 9-12 KOHLS 10AM Kings in the Corners 12-2pm	6 BINGO 10AM MEET/GREET 10-2	7 MEDICALS 9-12 POKENO 12-2 ACT 9-2PM FARMERS MARKET 10AM	8 SHOPRITE 9:30-11 MAHJONG 10-12 CHAIR YOGA 10:30	9
10 	11 FOODTOWN 9-10 WALMART 1-2:30 MAKE AND TAKE SUNCATCHERS 10AM -11AM	12 MEDICALS 9-12 Mon. Arts 10-11am Kings in the Corners 12-2pm	13 BINGO 10AM MEET/GREET 10-2 PRESENTATION: STROKE AWARENESS 11AM	14 MEDICALS 9-12 POKENO 12-2 W. L.B plaza 9-30-11	15 SHOPRITE 9:30-11 MAHJONG 10-12 CHAIR YOGA 10:30	16
17 	18 ALDI 9-10 \$1STORE/TF 10-11 MOVIE 11-1	19 MEDICALS 9-12 Shrewsbury Plaza 9:30-11am Kings in the Corners 12-2pm	20 BINGO 10AM MEET/GREET 10-2 ICE CREAM SOCIAL with Anchor Care 11:30-12:30	21 MEDICALS 9-12 POKENO 12-2 Senior Functional Fitness 10AM	22 SHOPRITE 9:30-11 MAHJONG 10-12 CHAIR YOGA 10:30	23
24 _____ 31	25 FOODTOWN 9-10 MOVIE: 11-1 WALMART 1-2:30	26 MEDICALS 9-12 Eatontown Plaza 9:30-11 Kings in the Corners 12-2pm	27 BINGO 10AM MEET/GREET 10-2 A representative from Senator Gopal, Assemblywoman Donlon & Assemblywoman Peterpaul Mobile office Hours 10-1pm	28 MEDICALS 9-12 POKENO 12-2	29 SHOPRITE 9:30-11 MAHJONG 10-12 CHAIR YOGA 10:30	30

